## 2024 – LINDALE EAGLES POWERLIFTING SCHEDULE

## <u>Date / Team:</u>

Thursday - January 11<sup>th</sup> (Boys/Girls) Thursday - January 18<sup>th</sup> (Boys/Girls) Saturday - January 27<sup>th</sup> (Boys/Girls) Saturday - February 3<sup>rd</sup> (Boys 2nd Team /Girls 2nd Team) Thursday - February 8<sup>th</sup> (Boys/Girls) Thursday - February 15<sup>th</sup> (Girls LCQ\* - No Spectators) Thursday - February 22<sup>nd</sup> (Boys LCQ\* - No Spectators) Saturday - March 2<sup>nd</sup> (Girls Regional Meet) Friday - March 8<sup>th</sup> (Boys Regional Meet) Friday - March 15<sup>th</sup> (Girls State Meet) Friday - March 22<sup>nd</sup> (Boys State Meet)

## Location

Hallsville High School Lindale High School Van High School Mount Pleasant High School Chapel Hill High School Sabine Middle School Van High School Eustace High School\*\* Arp High School\*\* Frisco, TX\*\*

\*LCQ is reserved for athletes that are close to qualifying for regionals / Coaches Discretion\* \*\*Athletes must qualify for Regional and State Meet\*\*

Boys Powerlifting: Ronnie Nicks - Devin ShawGirls Powerlifting: Jacob Alford - Micheal RidgeBoys Athletic Director: Chris CochranGirls Athletic Director: Jessica DimsdleLISD Superintendent: Stan SurrattLISD Deputy Superintendent: Jamie HolderLHS Administration: Jeremy Chilek - Kyle Wright - Ryan Tomlin - Melisa Dukes - Teri Hodges

